

**FIGURE - D**

<b>72 - HOUR PRE-MISHAP HISTORY</b>	
Name:	Date of Mishap:
Rate/Rank:	Mishap Category:
Duty/Position:	Mishap Number:

**This chronological account of activities, of the 72 hours preceding the mishap, should be completed by the medical officer and included as part of the analysis for each member and for other persons who may have contributed to the mishap.**

**1. General Information:**

- a. Age: \_\_\_\_\_
- b. Date of Birth (mm/dd/yr): \_\_\_\_\_
- c. Sex: ☐ Male ☐ Female
- d. Marital Status: ☐ Single ☐ Married ☐ Divorced ☐ Separated
- e. Leave/TAD Information:
  - (1) Date Last Leave Began (mm/dd/yy): \_\_\_\_\_
  - (2) Duration of Last Leave (days): \_\_\_\_\_
  - (3) Type: ☐ Regular ☐ Emergency ☐ Sick/Convalescent
  - (4) Date of Last TAD (mm/dd/yy): \_\_\_\_\_
  - (5) Duration of Last TAD (days): \_\_\_\_\_
- f. Work/Rest Information:
  - (1) Hours Worked in Last:  24 hours  48 hours  72 hours
  - (2) Continuous Duty Prior to Mishap (hours): \_\_\_\_\_
  - (3) Hours Continuously Awake Prior to Mishap: \_\_\_\_\_
  - (4) Hours Slept in Last:  24 hours  48 hours  72 hours
  - (5) Duration of Last Sleep Period (hours): \_\_\_\_\_
  - (6) Last Sleep Period Was: ☐ Continuous ☐ Broken
  - (7) Hours between Last Meal and Mishap: \_\_\_\_\_
  - (8) Time in Aircraft/Vessel Prior to Mission: \_\_\_\_\_
  - (9) Duration of Mission before Mishap occurred: \_\_\_\_\_

**2. Instructions:**

- a. The history should begin 72 hours prior to the time of the mishap and proceed in a chronological order. The medical officer should pay close attention to any alcohol consumption, physical activities, nutritional status (eating habits), emotional stress, personal problems, sleep habits, the use of medications/drugs and/or supplemental products (vitamins/minerals) and any other significant event affecting the member.
- b. An example on completing this form is provided:
 

Friday: 13 Dec 2002

1800 Ate dinner at home: meatloaf, peas, rice, 2 glasses of wine, coffee and flan (custard).

1900 Relaxed and watched TV, ate popcorn and pretzels, drank 1 beer.

2300 Went to bed.

FIGURE - D

72 - HOUR PRE-MISHAP HISTORY (con't)

Saturday: 14 Dec 2002

0600 Woke up went to Gym.  
0800 Showered ate breakfast: 1 egg, 2 slices of toast, orange juice and coffee.  
0830 Worked at computer, read, relaxed.  
0900 Worked around yard: cut grass, trim bushes pulled weeds.  
1130 Ate lunch: ham and cheese sandwich, tea.  
1200 Read a book, took nap, relaxed.  
1700 Ate dinner: salad pizza: cheese/pepperoni -three slices, drank 2 glasses of beer.  
1800 Watched television with family.  
2200 Went to bed.

Sunday: 15 Dec 2002

0800 Woke up, read newspaper.  
0900 Ate breakfast: glass orange juice, coffee, 2-egg ham and cheese omelet.  
1100 Went to church.  
1230 Lunch at friends home: 1 large steak, mashed potatoes, egg salad, and large Pepsi.  
Played volleyball and Frisbee with kids.  
1700 Returned home, watched TV.  
1900 Ate dinner at home: spaghetti and meatballs, 2 glasses of wine, salad and garlic bread.  
2100 Went to bed.

Monday: 16 dec 2002

0600 Woke up, showered, left for work.  
0630 Ate breakfast in Officer's Mess.  
0700 Office: Reviewed papers, sent e-mails.  
0730 Brief for mission.  
0930 Mission: Familiarization flight with student pilot.  
1100 Landed at ATC Mobile.  
1130 Debrief  
1200 Office: paperwork  
1230 Lunch: hamburger, fries, Pepsi.  
1300 Officer's meeting.  
1500 Brief for SAR.  
1600 Take off.  
1800 Noted ECS air at high temperature, fire-warning light, deteriorating engine indicators, smoke, emergency landing, flames extinguished--no injury.  
1830 Recovered by HH-60 helo.  
1900 Returned to ATC Mobile, visit health services clinic.

(Continue on additional sheets as necessary)

- c. **NOTE:** Include page 1 of this form and the completed chronological questionnaire as part of the final Medical Officer's Report

" THE INFORMATION CONTAINED IN THIS QUESTIONNAIRE MAY ONLY BE RELEASED IN ACCORDANCE WITH THE  
FREEDOM OF INFORMATION AND PRIVACY ACT"

**FIGURE - D**

<b>72 HOUR PRE-MISHAP HISTORY CHRONOLOGICAL QUESTIONNAIRE</b>	
Name:	Rate/Rank:
Duty/Position	Mishap Category:
Date of Mishap:	Time of Mishap:
This report <b>MUST</b> accompany the 72-hour General Information Page	
<div style="text-align: center; margin-bottom: 20px;">                         DAY: _____ : _____                     </div> <div>                         0500 hrs: _____                          0600 hrs: _____                          0700 hrs: _____                          0800 hrs: _____                          0900 hrs: _____                          1000 hrs: _____                          1100 hrs: _____                          1200 hrs: _____                          1300 hrs: _____                          1400 hrs: _____                          1500 hrs: _____                          1600 hrs: _____                          1700 hrs: _____                          1800 hrs: _____                          1900 hrs: _____                          2000 hrs: _____                          2100 hrs: _____                          2200 hrs: _____                          2300 hrs: _____                          2400 hrs: _____                          0100 hrs: _____                          0200 hrs: _____                          0300 hrs: _____                          0400 hrs: _____                     </div> <div style="text-align: center; margin-top: 20px;">                         COMPLETED FOR ALL THREE DAYS PRECEEDING MISHAP                          CONTINUE ON ADDITIONAL SHEETS                     </div>	
<b>"THE INFORMATION CONTAINED IN THIS QUESTIONNAIRE MAY ONLY BE RELEASED IN ACORDANCE WITH THE FREEDOM OF INFORMATION AND PRIVACY ACT"</b>	